

BRIDGEWAY WEEKLY MONITOR

News Briefs from Human Resources

Dec. 11, 2009



Pictured from left: Stephanie Grimes, Lucy Shannon, & Tom Colclasure.

110% AWARD

Lucy Shannon Residential Assistant Galesburg was awarded the Bridgeway 110% Award on Thursday, December 3rd. Lucy was nominated by Stephanie Grimes (Residential Coordinator Galesburg) & Tom Colclasure (Director of Residential Services) for her efforts in regards to the “2009 Recovery Celebration”. Lucy deserves a big thank you from Bridgeway for her contributions; not only during the celebration but for the work she does everyday in assuring that Bridgeway lives its mission of “Creating Solutions for Everyone.” Lucy was honored with the Bridgeway 110% Award which includes a certificate of recognition, a 110% pin, and a \$25 Gift Check. Congratulations!

110% AWARD

Ginny Residential Assistant Galesburg was awarded the Bridgeway 110% Award on Wednesday, December 9th. Ginny was nominated by Stephanie Grimes (Residential Coordinator Galesburg) & Tom Colclasure (Director of Residential Services) for her generosity in regards to, and the time she spent making the “2009 Recovery Celebration” a complete success, and for her continued efforts to promote the Bridgeway values.



Ginny deserves a big thank you from Bridgeway for her contributions; not only during the celebration but for the work she does everyday in assuring that Bridgeway lives its mission of “Creating Solutions for Everyone.” Ginny was honored with the Bridgeway 110% Award which includes a certificate of recognition, a 110% pin, and a \$25 Gift Check. Congratulations!

Pictured from left: Stephanie Grimes, Ginny Campbell, & Tom Colclasure.

DRIVING SAFETY New Law – Beware!

Effective January 1, 2010 text messaging while driving in Illinois is illegal. Exceptions are if the person is pulled off on the shoulder of the road, or stopped and their car is in “park” or “neutral”. Bridgeway expects all employees to comply with the law while driving for work purposes.

Additionally, Bridgeway is extending this same expectation of not using cell phones while driving for work purposes unless everything is hands free. Dialing a phone number and texting are the same act and similar distraction. Phone conversations can be distracting so hands free phone calls should be limited. The exceptions for phone use are the same as for text messaging: if the person is pulled off on the shoulder of the road, or stopped and their car is in “park” or “neutral”.

Both of these expectations are to be followed by Bridgeway employees whether driving in Illinois, Iowa or any other state, for work purposes. These new policies become effective January 1, 2010.

Bridgeway is concerned for the safety of all staff and consumers. Studies are demonstrating that the risk of accidents are higher and more serious when people text when driving than drinking and driving. So, be safe and wait until you are able to text or make phone calls with no distractions!

Compliance Corner

by Bill Nelson

Third Quarter Quality Assurance scores have been compiled and forwarded on to program directors. The results compared to the last six quarters are represented in the chart below. There are 21 QA scores (62%) highlighted in green which represent scores that improved from the last quarter. The 10 scores (29%) highlighted in red reveal scores which have fallen lower than last quarter results. There are 3 scores highlighted in yellow which reflects no change, positive or negative, from the previous quarter. These QA scores show improvement from previous quarters; 62% of the scores now reflect 90+% compliance and two teams have reached 100% compliance! While we see a wide range of scores, from 55% to 100%, some of the sample sizes are small. For example, the compliance score for Pekin Day Program of 55% represents a total of three consumer checklists and may not be representative. None the less there is still effort to be done to increase scores consistently above 95+%. Let’s continue to focus on improving our quality services paired with quality documentation!

	Qr 1 08	Qr 2 08	Qr 3 08	Qr 4 08	Qr 1 09	Qr 2 09	Qr 3 09
Crisis/SASS Admissions	72%	73%	73%	74%	NA	85%	85%
Mental Health Admissions	86%	76%	83%	84%	NA	NA	NA
Mental Health Continuing Stay	88%	93%	89%	91%	NA	NA	NA
Mental Health Outpatient	NA	NA	NA	NA	NA	79%	90%
Mental Health Residential	NA	NA	NA	NA	NA	90%	91%
Mental Health CSS	NA	NA	NA	NA	NA	90%	91%
Mental Health Grand Total	NA	NA	NA	NA	NA	86%	91%
Substance Abuse Admissions	91%	94%	92%	98%	94%	97%	99%
Sub. Abuse Continuing Stay	94%	94%	92%	95%	95%	96%	96%
Substance Abuse Discharges	89%	90%	92%	94%	91%	89%	94%

DUI	94%	94%	92%	97%	95%	92%	100%
Iowa Community Living	0%	94%	0%	88%	78%	73%	66%
Iowa Day Program	0%	97%	0%	99%	83%	72%	69%
Iowa MH Habilitation						67%	63%
Family Services Admissions							
Galesburg/Monmouth/Canton			63%	79%	94%	79%	94%
Moline/Kewanee			70%	82%	94%	91%	100%
Pekin			79%	88%	90%	100%	96%
TOTAL	74%	89%	71%	83%	93%	87%	97%
Family Services Continuing Stay							
Galesburg/Monmouth/Canton			70%	71%	82%	89%	96%
Moline/Kewanee			75%	83%	88%	93%	99%
Pekin			66%	67%	89%	82%	91%
TOTAL	81%	91%	70%	74%	86%	88%	96%
CES / IPS /Galesburg					70%	78%	84%
Community Employment Svcs							
Pekin	70%	98%	94%	97%	99%	91%	94%
Galesburg			80%	83%	75%	81%	86%
Macomb		70%	42%	65%	72%	75%	87%
Kewanee				80%	80%	83%	92%
TOTAL				87%	87%	81%	90%
IL DD Day Program							
Macomb	98%	98%	96%	89%	89%	92%	92%
Pekin	72%	0%	0%	0%	100%	89%	55%
TOTAL	91%	98%	96%	89%	89%	92%	84%
DD CILA							
Macomb	92%	92%	92%	83%	87%	90%	88%
Pekin	70%	78%	78%	58%	81%	81%	74%
TOTAL	83%	90%	86%	71%	84%	86%	80%
DD Residential Macomb				98%	85%	88%	81%
DD Community Support Macomb				0%	NA	NA	98%
Improved Score shown in							
No Change in Score shown in							
Decline in Score shown in							

CHRISTMAS WEEK COURIER SCHEDULE

The normal Wednesday courier will not run the week of Christmas. The courier will run Tuesday, Dec. 22nd. The normal Tuesday Pekin courier will run

TEACHERS DONATE GIFTS TO CHILDREN IN NEED

This article was published in the Pekin Daily Times, Tues, Dec. 8th:

Next week, more than 30 children will arrive at the North Pekin office of Bridgeway Inc., an Illinois Department of Children and Family Services contractor. Waiting for them will be a Christmas party and presents donated by teachers from C.B. Smith Primary School.

“We had a representative from Bridgeway bring us a list of children and their ages and clothing size, and we usually sign up for one or two and help out where we can by buying a present,” said C.B. Smith special education teacher Karla Hippen. “Last year (Bridgeway) just asked if we could do a \$5 gift. This year we asked if we had to stay in that \$5 range — people thought that you couldn’t really buy a \$5 gift.

“These families are the neediest of the needy.”

On Thursday, Bridgeway staff members will go to the school and collect all the items, which then will be provided to the families at the party next week, Hippen said.

“I think there were 17 families on our list and everyone has somebody taking care of them,” she said. “It’s very heartwarming.”

Bridgeway area coordinator Linda Hieronymus and family habilitator Kari Whiteman said the Christmas party is also a day when children can visit with their biological parents, some of whom don’t have custody.

Preparing parents to regain or maintain custody of their children is one of Bridgeway’s main area of support, Hieronymus said.

“Our office works Peoria, Tazewell and Woodford counties,” she said. “And children come from every one of those counties.

“We go in there and try to teach them everything they need to know and help them so the don’t lose their children — house maintenance, life skill classes, budgeting, personal maintenance, job seeking. We make sure they get to all their doctors appointments. We show them how to shop.

We show them how to clean.”

Hieronymus said family habilitators like Whiteman chose the 17 families that they thought were most deserving and most in need of the presents and party. With all the programs combined, the business serves between 200 and 300 children in the area, she said.

“What we do is we provide them a dinner, you know, sandwiches and drinks and chips,” Hieronymus said. “They sit on Santa Claus’ lap and the parents all get pictures of them sitting on Santa’s lap, and then we give them a present and they leave.

“A lot of our customers don’t have car or a way to take their child to go see Santa Claus. They don’t get that little thing of seeing their child sit on Santa Claus’ lap.”

Last year, the teachers made scarves and hats for all the children at the party in addition to giving them store-bought gifts.

“It’s just nice because (the teachers) have taken the whole entire list,” Whiteman said. “All of the teachers get together and make purchases for each child. Last year they had two to three presents each.”



THANK YOU

The drawing for the Polar Express Gift Set was held on Thursday, December 10th. The winner was Tina Gummerson. The proceeds from the drawing were donated by the Consumer Council. The proceeds will be used to purchase Christmas presents for Family Services clients. Thank you to Mark Staggs for organizing this! Bridgeway would like to thank everyone for their support.

CONGRATULATIONS!

Congratulations to Carrie & Drew Tingley on the birth of their daughter Tatum Amelia. Tatum was born Nov. 27th and weighted 6 lbs. and 19 ½ inches long. Carrie is a Case Coordinator in Macomb and Drew is an Employment Specialist in Macomb. Congratulations to the new parents!

SUPPORT TICKET LINK

Due to the Bridgeway website being down the web link to access the Support Ticket System is as follows:

<http://support.bway.org>

BTS ACTIVITIES

From: Tom Colclasure

- Many more time studies are being performed at the Galesburg workshop in preparation for bidding several very large assembly orders from an electrical company in the Quad City Area.
- Interviews are being conducted for the new janitorial contract opportunities at two additional State of Illinois facilities in the Quad City area.
- The Galesburg workshop is preparing for procedural changes in handling the Illinois Department of Revenue contract for the mail opening and sorting of IL-1040 forms. The new procedures take effect on January 4, 2010.
- We continue to work with the Illinois Department of Revenue in preparing a bid proposal to be a one stop shop for handling IL-1040 documents.
- The Galesburg workshop is completing a number of packaging contract jobs for the Dick Blick Company. Materials will be received next week from the Alexis Fire Equipment Company to package and mail its annual calendar.
- The Keokuk workshop is packaging smoker fuel for Dadant & Sons.
- The metal working shop is sandblasting and powder-coating automobile wheels, a home radiator, a cabinet and a motorcycle seat pan.

KNOX COUNTY HEALTH DEPT. H1N1 CLINIC OPEN TO ALL TUESDAY

The Knox County Health Department will start open vaccinations during an all day clinic Tuesday, December 15th. The clinic will open at 9:30 a.m. and continue until 4:30 p.m. in the health department on West Fremont Street in Galesburg. The health department will provide the H1N1 vaccine to the general public on a first come, first served basis, and only during scheduled clinic hours. Additional clinics are scheduled at the health department from 10 a.m. to 4:30 p.m. Dec. 18th & Dec. 29th.

For information regarding seasonal and H1N1 vaccine availability, as well as a schedule of clinics, visit the Knox County Health Department Web sit at www.knoxcountyhealth.org.

GALESBURG CHRISTMAS FEAST

There will be a Christmas Feast for all Galesburg BI Employees Friday, Dec. 18th from 8 a.m. to 2 p.m. in Wing #6 (The Kitchen) at the Galesburg Office.

This is an invitation to share your favorite dish for breakfast, lunch, dessert or snack.

JOB OPENINGS

Day Program Assistant Trainer - Pekin

HCBS Team Leader - Burlington

Job Coach – Galesburg

Day Program Assistant Trainer – Macomb

Driver - Macomb

HCBS Outreach Worker-Keokuk/Burlington

Residential Assistants/MI – Kewanee & Galesburg (Pooled Position)

Residential Assistant/DD – Macomb & Pekin (Pooled Position)



Seasonal Depression MONTH

Seasonal Depression Overview

Seasonal affective disorder (SAD) is a type of depression that is tied to seasons of the year. Most people with SAD are depressed only during the late fall and winter (sometimes called the “winter blues”) and not during the spring or summer. A small number, however, are depressed only during the late spring and summer.

SAD is most common in young adult women, although it can affect men or women of any age. In North America, SAD may affect as many as 6 of every 100 people, more in the Northern portions of the country than in the South. Another 10-20% of the people may have a milder form of seasonal mood change.

Like all types of depression, SAD can have a devastating effect on person’s life. Fortunately, almost all people with SAD can be helped with available therapies.

Seasonal Depression Causes

The exact causes of seasonal affective disorder (SAD) are unknown.

- Chemical changes in the brain caused by changes in the amount of sunlight are probably involved. People who live in geographical locations that are dark or cloudy during the winter are most likely to have SAD.
- A tendency to have SAD may run in some families.

Seasonal Depression Symptoms

Seasonal affective disorder (SAD) may have some of the same symptoms as other types of depression.

- Most people have only some of these symptoms, not all.
 - Depressed mood
 - Loss of interest in usually enjoyable activities.
 - Fatigue or loss of energy
 - Feelings of worthlessness or hopelessness
 - Poor concentration, indecisiveness
 - Recurrent thoughts of death or suicide
- The symptoms of SAD come back every year, and for any specific person, they tend to come and go at about the same time each year.
- Winter SAD
 - Sleeping more than usual
 - Craving for sugar, starchy foods, or alcohol
 - Weight gain
 - Irritability
 - Conflicts with other people

- Heaviness of arms and legs
- Behavior disturbances (in children)
- People with winter SAD may seek out light places or sunlight, or like to have lots of artificial lights on.

Courtesy of Wellness Proposals