

# **BRIDGEWAY WEEKLY MONITOR**

## ***News Briefs from Human Resources – June 6, 2008***



Pictured from left: Diana Peck (Sr. VP Human Resources), Peggy Bowen (HR Assistant), Mary Fran Freeman

### **110% AWARD**

Thursday, June 4<sup>th</sup> Mary Fran Freeman, Director of Quality Management was awarded Bridgeway's 110% Award for her Outstanding Dedication to Bridgeway. Mary Fran truly cares about her job and Bridgeway as an organization. Even though she will be retiring at the end of June and won't be here for the CARF audit, she is working tirelessly to make sure all the manuals, policies, Corporate Compliance, etc. are in perfect order. Mary Fran is working harder because she

won't be there. Mary Fran truly exemplifies the Bridgeway Mission each and everyday and so she was recognized and honored with the Bridgeway 110% Award which includes a Certificate of Recognition, a 110% pin, and a \$25 Gift Check.

### **CONGRATULATIONS!!!!**

Bill Nelson, Chief Operating Officer recently attended two and a half days of HUD training and successfully passed the required examination to qualify as an Assisted Housing Manager. Congratulations Bill!

The following Bridgeway employees have completed DSP training!  
Sherri Mueller, Day Program Assistant Trainer in Macomb  
Jessica Delgado, Residential Assistant at Pollock in Macomb

### **DEEPEST SYMPATHY**

Our deepest sympathy to Deb Bradbury, Reimbursement Specialist Abingdon and her family on the loss of her mother Ruth Smith who passed away Friday, May 23, 2008 in the Care Center of Abingdon.

### **HAWTHORNE CENTER SAFETY & SECURITY ISSUES**

A task group has been meeting over the past few weeks to assess and discuss safety and security issues around the north and south buildings of the Hawthorne Center. Decisions have been made and implementation on some changes will begin the week of June 16th. Part of the improved safety/security plan will direct individuals to access the buildings through primary entrances in the front and rear of each building. The doors on each of the wings in the east and west sides will be locked at all times. In addition, we will begin greeting visitors to the center utilizing a sign in/sign out process.

More information will be shared with managers in the next couple weeks.

**OUR DHS SURVEY IS  
JUST AROUND THE CORNER!**

Sometime in the next two (maybe 3) weeks, surveyors from the Illinois Department of Human Services will walk unannounced in Bridgeway's door to survey our Mental Health and DD Day Program services. Unless the surveyors arrive bright and early next Monday morning, you still have time to check the following points:

- Is your clinical documentation complete, correctly written and up to date?
- Do your CCP documents have the proper signatures and are they correctly filed?
- Are your buildings neat and clean?
- Are First Aid Kits and Body Fluid Pick-Up Kits fully stocked and in the proper place?
- Are the hot water temperatures in DD programs at the required levels?
- Are all safety drills up to date and are they available for surveyors?
- Have you reviewed the state regulations of your program so you have them fresh in your mind?
- Have you reviewed our last survey reports to check the previous deficits so that you can address any questions posed by surveyors?
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**Preparation is the key to success!**

**COMING . . .**

James Walters, Day Program Assistant Trainer Macomb  
Lisa Bencher, Residential Assistant/DD Highwood Pekin  
Marcy Fouts, Residential Assistant/DD Audubon Pekin  
Jessica Berggren, Data Entry Operator Galesburg  
Devon Philbee, CCC Teachers Assistant Galesburg

**JUST A REMINDER . . .**

If you have scheduled an appointment to see Bill Morris from First Benefits concerning 401k Profit Sharing, Flexible Spending/Cafeteria Plan, and TransAmerica Voluntary Benefits do not forget your appointment.

**Monday, June 9th**

9-10 Rock Island  
11-12:30 Kewanee  
1:45-5:15 Galesburg

**Tuesday, June 10<sup>th</sup>**

9-11 Galesburg  
1-2:30 Macomb  
4-5 Keokuk

**Wednesday, June 11th**

9-11 Pekin

**BTS ACTIVITES**

*From Tom Colclasure*

- The recycling center processed 335,000 pounds of recyclable material this last month, one of the largest monthly amounts ever!
- Confidential documents were received and destroyed for Purdum-Gray-Ingledue, Inc. in Macomb. Additionally, individuals are now bringing their household documents for confidential destruction.

- Dialog has been initiated with Opportunity Secure Data Destruction for subcontracting confidential document destruction for state agencies in our local areas.
- The metal working shop is building handrails for a residential facility in Macomb. A variety of automobile parts have been received to be sandblasted and powder-coated.
- The Galesburg workshop is processing several large packaging orders for the Dick Blick Company.

Galesburg Data Entry would like to recognize a special person in our department. Caper Brown was severely burned in a fire 18 years ago. Caper sadly lost his legs and most of his arms. Last year I was approached by the Department of Rehabilitation Services (DRS) about finding Caper a job. We had Caper try Data Entry to see how it would work out for him, and he was happy to have something to do, that he was good at, and got him out of the house. Caper fought with finding rides, funding and sometimes even drove his wheel chair from home while doing his DRS hours. Pretty amazing work ethic for someone who had never worked before.

Now he is picked up every Monday, Wednesday and Friday by our own Bridgeway bus, and diligently works 3 to 4 hours each day. Bridgeway Training Serves proudly congratulates Caper on his one year anniversary with BTS on June 6<sup>th</sup> as a Data Entry Operator. This devastating accident left Caper severely handicapped but he has been able to overcome this diversity. Caper types at rates that at least 50% of the time meet or exceed our standards that would earn him minimum wage.

Data Entry has given several consumers opportunities over the years, right now we currently have 7 consumers in the department of which one of them also celebrates one year with us in June and the other 5 years. We look forward to being able to provide opportunities for these individuals and many more in the future. Congratulations Caper and others on your accomplishments.

## **JOB OPENINGS**

SASS Case Manager - Kewanee

Substance Abuse Counselor – Galesburg

Residential Coordinator - Galesburg

Residential Nurse/Case Manager - Galesburg

Employment Specialist - Galesburg

PSR Recovery Specialist - Kewanee

Family Resource Developer - Galesburg

Information Systems Manager - Macomb

Therapist – Galesburg

Nurse Clinician - Monmouth

Employment Specialist – Kewanee

HCBS Outreach Worker-Keokuk

Family Support Worker (Pooled Position) – Various Work Locations

Residential Assistants – Kewanee (Pooled Position)

Residential Assistant/DD - Macomb and Pekin

Residential Assistants, (Pooled Positions) – Bridgeway Residential Facilities

# Skin Cancer Detection & Prevention

## QUICK SKIN CANCER FACTS

- More than 1 million new cases of skin cancer will be diagnosed in the United States this year.
- Current estimates are that 1 in 5 Americans will develop skin cancer in their lifetime.
- Melanoma is the most common form of cancer for young adults 25-29 years old and the second most common form of cancer for adolescents and young adults 15-29 years old.
- Melanoma is increasing faster in females 15-29 years old than males in the same age group. In females 15-29 years old, the torso is the most common location for developing melanoma which may be due to high-risk tanning behaviors.
- Melanoma in individuals 10-39 years old is highly curable with five-year survival rates exceeding 90 percent.
- More than 75 percent of skin cancer deaths are from melanoma.
- The five-year survival rate for people whose melanoma is detected and treated before it spreads to the lymph nodes is 99 percent.

## WHAT YOU CAN DO

- The American Cancer Society recommends periodic skin examination as part of any cancer related check-up depending on a person's age and gender.
- Individuals with a history of melanoma should have a full body exam at least annually and perform regular self-exams for new and changing moles.

## TANNING BEDS...SAFE SUN?

- On an average day in the United States, more than 1 million people tan in tanning salons.
- Nearly 70 percent of tanning salon patrons are girls and women, primarily aged 16 to 29 years.
- Nearly 28 million people tan indoors in the United States annually. Of these, 2.3 million are teens.
- The indoor tanning industry has an estimated revenue of \$5 billion, a fivefold increase from 1992.

## RISKS OF INDOOR TANNING

- The United States Department of Health & Human Services has declared ultraviolet (UV) radiation from the sun and artificial sources, such as tanning beds and sun lamps, as a known carcinogen (cancer-causing substance).
- Indoor tanning equipment, which includes all artificial light sources, including beds, lamps, bulbs, boots, etc., emits UVA and UVB radiation. The amount of the radiation produced during indoor tanning is similar to the sun and in some cases may be stronger.
- Evidence from several studies has shown the exposure to UV radiation from indoor tanning devices is associated with an increased risk of melanoma and non-melanoma skin cancer such as squamous cell carcinoma and basal cell carcinoma.
- A review of seven studies found a statistically significant increase in the risk of melanoma in those who had been exposed to UV radiation from indoor tanning before the age of 35.
- Studies have demonstrated that exposure to UV radiation during indoor tanning damages the DNA in the skin cells. Also excessive exposure to UV radiation during

indoor tanning can lead to skin aging, immune suppression, and eye damage, including cataracts and ocular melanoma.

- Because UV radiation from indoor tanning can lead to skin cancer, eye damage, aging skin and immune suppression, it is not safe to use tanning lamps to obtain vitamin D.

Source: [www.AAD.org](http://www.AAD.org)

## Courtesy of Wellness Proposals

