

# **BRIDGEWAY WEEKLY MONITOR**

News Briefs from Human Resources

March 12, 2010



**DAYLIGHT SAVINGS TIME BEGINS SUNDAY, MARCH 14<sup>TH</sup> TURN YOUR CLOCKS FORWARD ONE HOUR!!!!!!**

## **110% AWARD**

Elaine Humphrey, Therapist Kewanee was honored with a Bridgeway 110% Award on Friday, March 5th. Elaine was honored for her “Outstanding Clinical and Leadership Skills”. Elaine is willing to “step up” and do what is needed to meet the needs of the consumers by providing Anger Management and Risk Education groups. Elaine was willing to assist with the training of the new substance abuse staff while the manager was on maternity leave. Elaine continues to be the leader in productivity and compliance with documentation. Her “can do” attitude, friendliness and focus on quality work make her a pleasure to work with. Elaine demonstrates her leadership by providing oversight to both mental health and substance abuse services in managing all the doctor only cases and providing consultation to the Residential team. Elaine maintains a “customer friendly” approach with consumers, co-workers and community stakeholders and is highly accountable when given a task to complete.

Elaine demonstrates the Bridgeway Mission each and every day and is a true asset to our organization. Elaine was honored with the Bridgeway 110% Award, which includes a certificate of recognition, a 110% pin, and a \$25 Gift Check. Congratulations Elaine!



Pictured from left to right: Vicki Rose, Elaine Humphrey & Rhonda Nelson

## **THANK YOU**

A big thank you and a sad farewell to Misti Budde CSS in Macomb. Misti will be moving back to Quincy to be closer to her family and will be working in Hannibal. Misti has been with us for 9 years and has served consumers by working in the residential program and

now as a QSP at the day program. Misti has always had a smile for everyone and it has been an honor to work alongside her. We wish her well and hope she visits often.

Wendy Skrypkun CSS Coord.

## **CONGRATULATIONS!**

Congratulations to Tevin Jordine and Rita Brummett, both Macomb employees, have completed DSP training!

## **NEW EMPLOYEES**

Kara Brown, Residential Assistant/DD Audubon Pekin  
Julie Dorothy, Community Support Specialist Keokuk  
Katherine Newenham, Residential Assistant/DD Carroll Macomb  
Delaina Lindsey, Residential Assistant/DD Grant Macomb  
Deborah Scalf, Residential Assistant/DD Madelyn Macomb  
Shawna Betz, Day Program Asst. Trainer Macomb  
Desiree Scoby, Residential Assistant/DD Persimmon Pekin  
Linda Carey, Residential Assistant/DD Madelyn Macomb  
Jessica Wilsey, HCBS Outreach Worker Keokuk  
Morgan Glasgow, HCBS Outreach Worker Keokuk  
Christina Melvin, Residential Assistant/DD Madelyn Macomb

## **BTS ACTIVITIES**

*From: Tom Colclasure*

- The Dixline Corporation, again this week, reported their extreme satisfaction with the quality of work being performed in the assembly of their products at the Kewanee workshop. The workshop assembles parts for casket handles, which has assisted the Dixline Corporation to meet its production needs since it experienced a substantial increase in the quantity of orders for their products.
- Tom Pospeschil recently attended a Shredding Boot Camp sponsored by NISH. A certificate for successfully completing the boot camp is a requirement for obtaining federal confidential document destruction contracts thru NISH.
- The NTN Bower Company has substantially increased the number of roller bearings to about 2 ½ times the usual amount for the Macomb workshop to polish.
- We are talking with Dadant & Sons about an additional contract opportunity.
- The Galesburg workshop is finishing a new electrical parts assembly job and preparing for yet another but larger electrical parts assembly job to be performed next week. Several large Dick Blick Company packaging orders are also being processed.
- The number of IL-1040 mailings being processed continues at this time to average from 25,000 to 40,000 each day and will continue to increase. ***Additional workers are still needed for the contract with the Illinois Department of Revenue to***

*sort IL-1040 forms. Especially needed are workers for the 2<sup>nd</sup> shift. Please share with your family members and friends that we are taking applications at this time to recruit workers for the IL-1040 form mail sorting contract.*

## **110% AWARD**

Tracey Twitchel, Lead Productionist for BTS Galesburg Vocational Center was honored with a Bridgeway 110% Award on Tuesday, March 9<sup>th</sup>. Tracey was honored for her “Above and Beyond Performance”. Tracey has a continuous record of going above and beyond in helping with the BTS contracts. She excels everyday in taking the initiative to accomplish what sometimes seems like the impossible in meeting deadlines and coordinating multiple tasks. She is a great asset to our team at the Vocational Center. She steps up to help the consumers on a daily basis and they appreciate her helping approach and the respect she gives while working with them.

Tracey helps to achieve our goal of “Creating Solutions for Everyone” and is a true asset to our organization. Tracey was honored with the Bridgeway 110% Award, which includes a certificate of recognition, a 110% pin, and a \$25 Gift Check. Congratulations Tracey!



Pictured from left to right: Sandy Wood, Lisa Svob, Tracey Twitchel & Tom Colclasure

## **JOB OPENINGS**

Residential Nurse/Community Support Specialist - Kewanee  
Residential Community Support Coordinator – Macomb  
Driver – Hancock County  
Substance Abuse Counselor – Macomb/Monmouth/Galesburg  
Accountant - Macomb  
Residential Nurse/Community Support Specialist - Galesburg  
Community Support Specialist - Kewanee  
Female Janitorial Associate - Bloomington  
Day Program Assistant Trainer - Pekin  
Driver - Macomb  
HCBS Outreach Worker-Keokuk/Burlington  
Residential Assistants/MI – Kewanee & Galesburg (Pooled Position)  
Residential Assistant/DD – Macomb & Pekin (Pooled Position)



# Multiple Sclerosis

Multiple sclerosis (or MS) is a chronic, often disabling disease that attacks the central nervous system (CNS), which is made up of the brain, spinal cord, and optic nerves. Symptoms may be mild, such as numbness in the limbs, or severe, such as paralysis or loss of vision. The progress, severity, and specific symptoms of MS are unpredictable and vary from one person to another. Today, new treatments and advances in research are giving new hope to people affected by the disease.

## MS is Thought to be an Autoimmune Disease

The body's own defense system attacks myelin, the fatty substance that surrounds and protects the nerve fibers in the central nervous system. The nerve fibers themselves can also be damaged. The damaged myelin forms scar tissue (sclerosis), which gives the disease its name. When any part of the myelin sheath or nerve fiber is damaged or destroyed, nerve impulses traveling to and from the brain and spinal cord are distorted or interrupted, producing the variety of symptoms that can occur.

## The Four Courses of MS

People with MS can typically experience one of four disease courses, each of which might be mild, moderate, or severe.

- **Relapsing-Remitting MS** People with this type of MS experience clearly defined attacks of worsening neurologic function. These attacks are followed by partial or complete recovery periods (remissions), during which no disease progression occurs.
- **Primary-Progressive MS** This disease course is characterized by slowly worsening neurologic function from the beginning – with no distinct relapses or remissions.
- **Secondary-Progressive MS** Following an initial period of relapsing-remitting MS, many people develop a secondary-progressive disease course in which the disease worsens more steadily, with or without occasional flare-ups, minor recoveries (remissions), or plateaus.
- **Progressive-Relapsing MS** In this relatively rare course of MS (5%), people experience steadily worsening disease from the beginning, but with clear attacks of worsening neurologic function along the way. They may or may not experience some recovery following these relapse, but the disease continues to progress without remissions.

## QUICK FACTS

- MS is a chronic, unpredictable neurological disease that affects the central nervous system.
- Different people are likely to experience very different symptoms.
- MS is different from muscular dystrophy (MD), which is a group of disorders that cause progressive irreversible wasting away of muscle tissue. Although MD has some symptoms in common with MS – such as weakness and problems with walking – MD affects the muscles directly while MS affects the central nervous system.

- MS is not contagious and is not directly inherited. ∴
- Most people with MS have a normal or near-normal life expectancy.
- The majority of people with MS do not become severely disabled.
- There are now FDA-approved medications that have been shown to reduce the number of relapses and “modify” or slow down the underlying course of MS.
- People who are diagnosed with a clinically isolated syndrome (CIS) have had one episode of neurologic damage that is similar to the damage that occurs in MS, but they have not yet met the criteria for a definite diagnosis of

[www.NationalMSSociety.org](http://www.NationalMSSociety.org)

Courtesy of Wellness Proposals